



NTOMBISPORT

2023 NTOMBISPORT AWARD FOR RESEARCH IN AFRICAN WOMEN AND GIRLS IN SPORT

To recognise and enhance research on the health and welfare of African women and girls in sport, by African women sports science researchers. The award seeks to provide women African sports science researchers with opportunities to be mentored by fellow researchers of African women and girls in sport. The award consists of funds to be used for living expenses or research activities by the recipient.

Number and value of awards

Two (2) grants each worth \$500. The award funds may be used for living expenses or research activities by the recipient.

Tenure

The tenure of the award is one year and is ONCE-OFF. Past recipients may reapply but to be competitive must demonstrate progress in their research from a prior award and explain how more funding will build upon work already completed.

Eligibility criteria

This award is given to a woman Zimbabwean university student conducting sports science research in African women and girls in sport. This research should be in fulfilment of the requirements of their undergraduate or postgraduate degree. The recipient should be conducting research in areas of sports science such as, but not limited to, physiotherapy, sports injuries, physical activity, physiology, nutrition, performance, recovery, and psychology. The student must be enrolled as a student at a Zimbabwean university.

Selection criteria

- i. Scientific excellence of the research project.
- ii. Relevance of research project to African women and girls in sport.
- iii. Quality of application.
- iv. Ability to communicate and promote sports science.

Application process

Applications should consist of a proof of registration as a student at a Zimbabwean University, a cover letter, and a grant proposal.

Cover letters are limited to one (1) page and should explain the background of the applicant and the context of their research relative to sports science research/practice in Africa. Additionally, applicants who have breaks for childcare, care giving, health/wellbeing, career transition, or similar circumstance, should state this in the cover letter.

The grant proposal is limited to four (4) pages (single spaced, 12 font, 1" margins) and should include the following sections:

- a) Title of the study
- b) Research timeline
- c) Project summary
- d) Project methodology summary
- e) Intended research participants
- f) Expected research outcomes
- g) Benefits to the welfare of African women and girls in sport
- h) Budget and justification
- i) Proof of ethical approval/submission from/to relevant institutional review board(s). If ethical approval is not required, the applicant must explain why.
- j) Motivation from research supervisor demonstrating research progress and completion timelines.

Applications should be sent as a single PDF document to: info@ntombisport.com

The deadline for applications is: **30 November 2023**

Award recipients will be notified by: **15 February 2024**

All enquiries should be emailed to: info@ntombisport.com.

Applications submitted without the required information and supporting documents as specified will not be considered.